SPECIFICATIONS PACKAGE FOR FURNISHING AND DELIVERING

A

FITNESS COURT

For the

Natchez-Adams County Recreation Commission

Special Instructions to Bidders: The Following Forms must be completed and signed or Bid will be rejected.

- 1. Bid Security is required to be submitted with the bid. The Security may be a Certified check, Cashier's Check or Bid Bond.
- 2. Do not fail to complete, sign and notarize Disclosure Statement.
- 3. Do not fail to sign the Proposal Form.

General Instructions:

- 1. Bidder's Name and address together with Proposal category and due date must appear on the outside of the Bid Envelope containing the bid.
- 2. Total price of each item bid on must be extended and grand total of the bid must be shown above signature of Bidder. Should any discrepancy arise as to bid amount, Unit price shall prevail.
- 3. Non-Collusion Affidavit must be signed and notarized.
- Any Questions pertaining to this specification must be directed to the Adams County Purchase Clerk, telephone (601) 445-7941, fax (601) 304-8083 or email: <u>fbell@adamscountyms.gov</u>

NOTICE TO BIDDERS

Notice is hereby given that SEALED BIDS will be received by the Natchez-Adams County Recreation Commission at 10:00 A.M. on Thursday, February 28, 2019. The sealed bids will be opened at the board room of the Adams County Board of Supervisors, 314 State Street, Natchez, Mississippi 39120 for:

THE FURNISHING & DELIVERING OF A FITNESS COURT OUTDOOOR BODYWEIGHT CIRCUIT TRAINING SYSTEM

(Bid Bond Required)

Specifications and blank Bid Forms may be obtained from the Purchase Clerk by calling 601-445-7941 or emailing <u>fbell@adamscountyms.gov</u>

Any questions pertaining to these specifications must be directed in writing to the Purchase Clerk, email <u>fbell@adamscountyms.gov</u>

Bidders are required to comply with requirements of NJSA 10:5-31 et. seq. and N.J.A.C. 17:27

Every bidder must abide by the Davis-Bacon and Related Acts guidelines.

The Natchez-Adams County Recreation Commission reserves the right to waiver informalities and to reject any and all bids.

Campaign Specifications:

Fitness Court:

The Fitness Court is a 32' x 35' outdoor bodyweight circuit training system.

Fitness Court Description:

32' x 35' outdoor bodyweight circuit training system with the following components:

- 1. Seven station circuit training system providing full-body workout modules
- 2. Fitness Court body-weight training wall measuring 32'W x 2'D x 6'H with wall graphics describing use, sponsor recognition and buyer recognition
- 3. Thirty pieces of body-weight training equipment (Fitness Elements) for simultaneous use by 28 users at one time. Fitness Elements are anchored and grouped within seven stations.
- 4. Bolts, attachments and anchors required for installation.

Specifications:

- 1. All structural components are made from high-grade carbon steel
- 2. Structural components receive high-grade powder coating
- 3. All cladding (skins) made from high-grade aluminum and powder coated
- 4. Lunge steps coated with polyurethane foam
- 5. Plyometric boxes are capped with a color-coded EPDM rubber surface
- 6. All deck anchors are mounted into an epoxy solution for seismic movement
- 7. All anchors for installation are included with Fitness Court
- 8. Bend stations are padded for comfort with memory foam and covered with mold and tear resistant fabric

National Campaign Resources:

The National Campaign Resources is a collection of digital and print resources and services designed to activate, encourage and strengthen public participation in free outdoor fitness activities.

Components:

Web and Press tools

- 2018 National promotions including city partners
- Customized 2018 Campaign Web story and press release featuring county/city/recreation partners
- 2018 Social Media activation and promotion campaign featuring county/city/recreation partners

Fitness Court Mobile App

- IOS/Android App teaching proper use, routines and challenges to the public free to all users
- Coach mode, challenge mode, and social mode allowing a variety of ways to participate in the program
- Social component encourages community participation and awareness

Circuit Training Programs

3 Levels of Circuit Training Routines (to be completed on the Fitness Court)
Beginner: Baseline Functional Fitness Training System

-Intermediate: Full-Body Circuit training system for athletes at any level

-Advanced: Competitive Fitness Court Challenge Series

Localized Promotional Materials

Fitness Court Launch Party Kit

Press Release

Fitness Court Launch Party Event Guide

Event Roadmap and custom Campaign

Activation Guidelines Package

Fitness Court Programs

Group Fitness, Outdoor Classes, Bootcamps, Challenge Series

Mayor's Challenge National Promotion Kit