



Extended  
Skincare  
Assortment

# Skin Health

Cleanse, moisturize and  
protect fragile skin



**TENA® Skincare**

*Together we make a difference*

# Prevention

## The challenges of skin health

When it comes to maintaining overall skin health, there are generally three major challenges:

### 1. Incontinence

The perineal skin can be irritated or damaged due to frequent and prolonged exposure to wetness and/or bacteria due to incontinence.

### 2. Fragile, aging skin

With age, our skin becomes thinner, less elastic, and less able to retain water, thus making our skin more vulnerable to dryness and possibly even irritation or injury.

### 3. Hygiene dependence

Cleansing the skin via traditional showering/bathing can be physically demanding for those who are bedridden, have limited mobility, dementia, hydrophobia, or other conditions that require hygiene assistance from another individual.

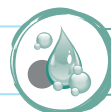
## How to keep fragile skin healthy

TENA® Skincare includes dermatologically tested, pH balanced products that help you care for individual skin health needs. In addition to the variety of cleansing products for individuals with incontinence, fragile skin, and/or hygiene dependence, TENA offers TENA® Moisturizing Lotion and TENA® Protective Cream.



### Cleanse (no rinse)

Avoid harsh soaps with an alkaline pH (greater than 7.0), which may strip away the natural oils that protect the skin and seal in moisture. Use products that have the same pH as skin's natural level (5.0 - 5.5).



### Cleanse (rinse off)



### Moisturize

Hydrate the skin often for a soft, smooth, and supple look and feel.



### Protect

Provide a barrier against irritants; soothe sensitive perineal skin.



TENA Skincare products work well with a breathable absorbent product, such as TENA Briefs or TENA Protective Underwear, for better skin health.



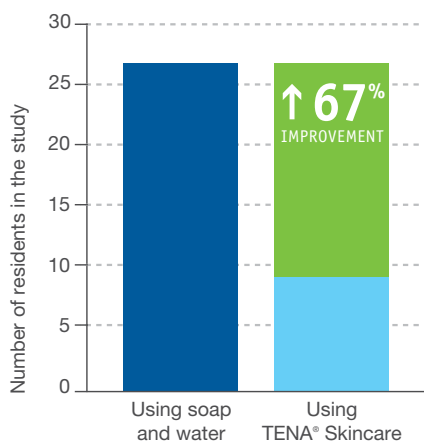
67%

of residents in a case study  
experienced improved  
skin conditions<sup>1</sup>

## TENA® Skincare improved skin conditions for a significant number of nursing home residents

Two-thirds of elderly residents benefitted from improvements in their skin's condition\* when using the TENA® Skincare system vs. soap & water.

- Residents with skin conditions
- Residents without skin improvements
- Residents with skin improvements



Study included 27 residents of a long-term care facility over a two-month period. TENA® Skincare products used were Cleansing Cream, Body Wash & Shampoo, and disposable wet and dry wipes; these replaced textile wash gloves, liquid soap and water. \*Skin conditions evaluated were skin dryness, scratch sores, skin rashes and skin maceration.<sup>5</sup>



## Cleanse (no rinse)

# TENA® Washcloths

## Conveniently designed for care

Gentle and effective, these adult-sized, pre-moistened washcloths are dermatologically tested, alcohol free and enriched with aloe, chamomile and vitamin E to soothe fragile skin.

### One-handed, hygienic dispensing

A specially designed lid allows easy-to-use, one-handed dispensing and ensures washcloths are kept fresh and moist. Unfolded, single-washcloth dispensing through the wide opening minimizes the chance of touching the next washcloth, to improve infection control. An audible click reassures that the pack has been closed.



# TENA® Classic Washcloths

## Quality and efficiency in one



Gentle cleansing and conditioning that offers effective and economical personal hygiene, ideal for those with fragile skin.



- Soft, cloth-like material cleans fragile perineal skin gently and effectively
- Helps to keep skin feeling fresh, clean and free of incontinence-related odors
- 5-count, 48-count, and 96-count packs available



## TENA® Ultra Washcloths

### Premium cleansing and conditioning

NEW  
Formula

Gentle cleansing and conditioning from thick, pre-moistened textured cloths that offer extra softness for fragile skin.

- Gently cleanses and conditions fragile perineal skin
- Premium emulsion (oil-in-water) formulation
- A rich, soft feel for individual comfort
- 5-count and 48-count packs available



Scented  
and Scent free  
formulations  
available

## TENA UltraFlush™ Washcloths

### Practical application, premium quality

Pre-moistened washcloth that is strong enough for personal cleansing and can be flushed one at a time.



- Gently cleanses and conditions fragile perineal skin
- Leaves skin feeling soft and smooth
- Sewer safe – will not clog pipes when used as directed\*
- Over 99% biodegradable
- 5-count and 48-count packs available

\*It is recommended that all disposable washcloths are thrown away in the garbage. If disposing into a system connected to municipal sewer, only one wipe should be flushed at a time. Flushable in properly maintained, code-approved toilets and sewers. Not approved for septic use. Not all systems can accept flushable wipes. Do not flush if: RV or marine system; grease or fat disposal share drain pipe; any history of slow flow or clogs; system includes macerator toilet or household pump; advised by system operator; or unsure of system capability. If problems develop, stop use immediately. Failure to follow instructions may result in clogs and/or property damage.





## Cleanse (no rinse)

# TENA® Cleansing Cream

## Preventative skin care for fragile skin

3-in-1 formula promotes skin health by gently cleansing, moisturizing and soothing fragile skin.

- Primarily used for frequent perineal skin care of incontinent individuals when changing absorbent products. Can also be used for full body cleansing
- 3-in-1 creamy emulsion, ideal for cleansing and hydrating even the most delicate and fragile skin, no rinsing required
- Helps maintain skin's natural balance (pH 5.5) as well as helping to control odor

Scented and Scent free formulations available



**5x**  
more moisturizing than  
a leading no-rinse  
cleanser<sup>2</sup>

# TENA® Bathing Glove

## Caring and convenient full-body cleansing

Five wash gloves in a pack for a complete bed bath system as an alternative to soap and water.

- Soft and pre-moistened with a gentle cleansing lotion (pH 5.5), no rinsing required
- Can also be used as a soothing experience for the resident
- Leaves skin feeling fresh and clean

Scented and Scent free formulations available



**84%**  
of caregivers preferred  
the TENA® Bathing Glove  
over soap and water<sup>3</sup>



## Cleanse (rinse off)

Gentle cleansing during shower or bath and occasional supplement to a no-rinse cleansing routine

# TENA® Body Wash & Shampoo

## Gentle cleansing and conditioning

A mild, dual-purpose cleansing gel and conditioning shampoo designed for fragile skin and hair. TENA® Body Wash & Shampoo is rinsed off with water and is suitable for frequent use.

- Full body bathing and hair cleansing while maintaining skin health
- Conditioning and anti-static properties plus provitamin B<sub>5</sub> to make hair 10% easier to comb<sup>4</sup>
- Gentle formula for fragile skin (pH 5.0)





## Moisturize

Nourishes normal to dry skin to keep the skin feeling smooth and soft

# TENA® Moisturizing Lotion

## Ideal for dry, fragile skin

NEW  
Product

Hydrates skin with a blend of natural oils\*, dimethicone, glycerin, and vitamin E, leaving the skin feeling soft and smooth with long lasting moisturization. For full body use.

- Easy to apply – glides across skin
- Does not leave skin feeling greasy or sticky
- Helps maintain healthy looking skin
- Helps to maintain skin's natural pH (5.3)
- Dimethicone leaves skin feeling soft and moisturized
- Light, fresh fragrance (scent free also available)

100%

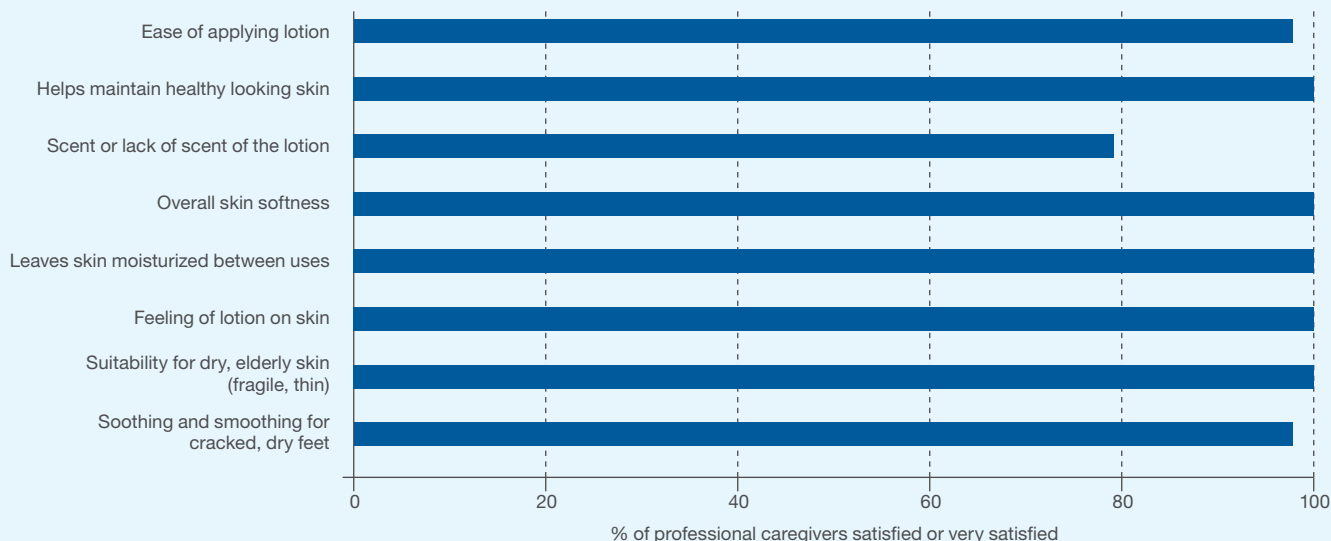
of professional caregivers  
were satisfied with  
overall performance<sup>5</sup>

Scented  
and Scent free  
formulations  
available



\* Natural oils (beeswax, jojoba, sunflower, and acacia decurrens flower) and Vitamin E (tocopherol).

### TENA® Moisturizing Lotion – Satisfaction Ratings<sup>5</sup>







## Protect

Extra protection to help soothe irritated skin and prevent further breakdown

# TENA® Protective Cream With 10% Zinc Oxide

NEW  
Formula

Soothe chafed, chapped, cracked, or irritated skin, including perineal, buttocks and skin creases. Formulated cream contains the active ingredient zinc oxide along with natural oils\* and vitamin E\* for extra protection.

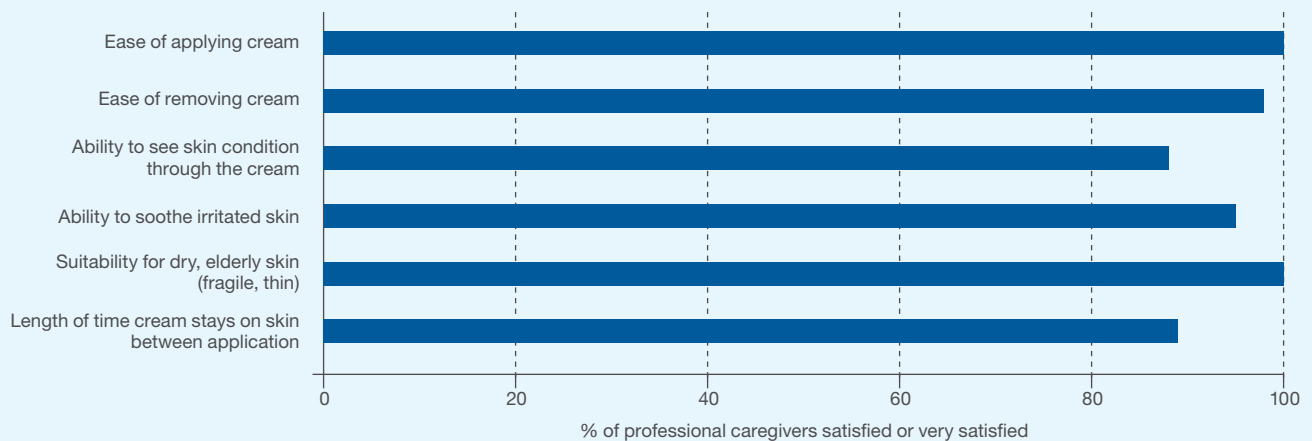
- Smooth application and easy to remove
- Always scent free for use on sensitive skin
- Allows for visualization after application to check skin condition

**100%**  
of professional caregivers  
would recommend for  
fragile, elderly skin<sup>1</sup>



\* Natural oils (acacia decurrens flower, sunflower, jojoba, beeswax, and vegetable oil) and Vitamin E (tocopherol).

### TENA® Protective Cream – Satisfaction Ratings<sup>5</sup>



# TENA® Skincare:

Total care approach for your residents, your staff and you



## Cleanse (no rinse)

For frequent cleansing and moisturizing when soap and water may otherwise dry the skin

### TENA® Cleansing Cream

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA® Cleansing Cream	64420	0.17 fl. oz.	500	Foil packet	10768702644201
TENA® Cleansing Cream – Scent free	64405	0.17 fl. oz.	500	Foil packet	10768702644058
TENA® Cleansing Cream	64425	8.5 fl. oz.	10	Tube	10768702644256
TENA® Cleansing Cream – Scent free	64410	8.5 fl. oz.	10	Tube	10768702644102
TENA® Cleansing Cream	64430	16.9 fl. oz.	10	Pump bottle	10768702644300
TENA® Cleansing Cream	64435	33.8 fl. oz.	8	Pump bottle	10768702644355
TENA® Cleansing Cream – Scent free	64415	33.8 fl. oz.	8	Pump bottle	10768702644157

### TENA® Bathing Glove

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA® Bathing Glove	65005	8.9" x 5.9"	225	45/5	10768702650059
TENA® Bathing Glove – Scent free	65004	8.9" x 5.9"	225	45/5	10768702650042

### TENA® Classic Washcloths (NEW Formula)

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA® Classic Washcloths	65724	7.9" x 12.5"	576	12/48	10768702657249
TENA® Classic Washcloths	65725	7.9" x 12.5"	500	100/5	10768702657256
TENA® Classic Washcloths	65728	7.9" x 12.5"	576	6/96	10768702657287

### TENA® Ultra Washcloths (NEW Formula)

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA® Ultra Washcloths	65720	7.9" x 12.5"	576	12/48	10768702657201
TENA® Ultra Washcloths	65721	7.9" x 12.5"	500	100/5	10768702657218
TENA® Ultra Washcloths – Scent free	65722	7.9" x 12.5"	576	12/48	10768702657225
TENA® Ultra Washcloths – Scent free	65723	7.9" x 12.5"	500	100/5	10768702657232

### TENA UltraFlush™ Washcloths

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA UltraFlush™ Washcloths	65726	7.5" x 12.5"	576	12/48	10768702657263
TENA UltraFlush™ Washcloths	65727	7.5" x 12.5"	500	100/5	10768702657270



## Cleanse (rinse off)

Gentle cleansing during shower or bath and occasional supplement to a no-rinse cleansing routine

### TENA® Body Wash & Shampoo

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA® Body Wash & Shampoo	64353	0.17 fl. oz.	500	Foil packet	10768702643532
TENA® Body Wash & Shampoo – Scent free	64333	0.17 fl. oz.	500	Foil packet	10768702643334
TENA® Body Wash & Shampoo	64363	16.9 fl. oz.	10	Pump bottle	10768702643631
TENA® Body Wash & Shampoo	64408	33.8 fl. oz.	8	Pump bottle	10768702644089
TENA® Body Wash & Shampoo – Scent free	64343	33.8 fl. oz.	8	Pump bottle	10768702643433



## Moisturize

Softens and soothes sensitive skin while helping maintain its natural moisture balance

### TENA® Moisturizing Lotion (NEW Product)

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA® Moisturizing Lotion	64427	0.17 fl. oz.	500	Foil packet	10768702644270
TENA® Moisturizing Lotion – Scent free	64419	0.17 fl. oz.	500	Foil packet	10768702644195
TENA® Moisturizing Lotion	64422	3.4 fl. oz.	10	Tube	10768702644225
TENA® Moisturizing Lotion – Scent free	64414	3.4 fl. oz.	10	Tube	10768702644140
TENA® Moisturizing Lotion	64424	8.5 fl. oz.	10	Tube	10768702644249
TENA® Moisturizing Lotion – Scent free	64417	8.5 fl. oz.	10	Tube	10768702644171



## Protect

Extra protection to help soothe irritated skin and prevent further breakdown

### TENA® Protective Cream (NEW Formula)

Product Name	Order #	Description	Pcs/Case	Format	SCS/OCC
TENA® Protective Cream	64403	0.17 fl. oz.	500	Foil packet	10768702644034
TENA® Protective Cream	64401	3.4 fl. oz.	10	Tube	10768702644010

1. Data on file, TENA® Solutions Case Study #3.
2. Data on file, TENA®, based on a study conducted on TENA® Cleansing Cream and equivalent competitor products. February 2014.
3. Data on file. Based on an independent survey (Nieto Research, Inc., in October 2016 and January 2017) of 67 Professional Caregivers in US & Canada who trialed the product for 1 week on residents in their long-term care facility.
4. Data on file, TENA® Shampoo & Shower performance assessment, BASF, 2011.
5. Based on an independent survey (Nieto Research, Inc., in Mar/Apr 2017) of 39 Professional Caregivers in US & Canada who trialed the product for 1 week on residents in their long-term care facility.



**1.866.722.6659 | [www.TENAProfessionals.us](http://www.TENAProfessionals.us)**



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